

## Breakfast Menu

### Continental

Selection of cereals & muesli **V**

Toast / Croissant / Pain au Chocolat **V**

Rolled Scottish Porridge oats **V**

Greek Yoghurt with seasonal fruit compote **V**



**THE SHIP**

Full Anglian

Sausage, streaky bacon, baked beans, tomato, field mushroom, black pudding, hash browns, toasted sourdough with a choice of poached, fried or scrambled egg

Full Vegan

Avocado on toasted sourdough, grilled tomato, field mushroom, baked beans, spinach, hash browns **VG**

Smoked Kipper. lemon parsley butter, grilled tomato

Smoked salmon on sourdough with scrambled egg **GFA**

Avocado on sourdough, poached egg **V**

Breakfast Bun

Choice of streaky bacon, local sausage, fried egg or indulge in all three!

Eggs Benedict | Eggs Royale | Eggs Florentine

**V** Vegetarian **VG** Vegan **GF** Gluten Free **DF** Dairy Free **A** Available **N** Contains Nuts

Please let a team member know of any allergies or dietary requests